



Autumn Alignment Challenge – Week 2 Worksheet

Theme: Turning the Page: Write Your Q4 Story

Reflection

- 1. What chapter in my life/work needs to be closed before the year ends?**

2. What unfinished storylines (projects, habits, relationships, obligations) are draining my energy?

3. If I keep avoiding closure, what's the regret I'll carry into 2026?

Action

- 1. My Q4 vision statement: “*The way I will finish 2025 is...*”**

**2. What 3 goals matter most for Q4? (Be specific:
personal, professional, or prosperity)**

3. What 1 concrete action supports each goal? (break down into “doable now” steps)

4. Bold move check-in: *What's the one brave decision I will make this week to align with my Q4 story?*

Anchor Statement:

“I close what no longer serves me, I choose the ending I want, and I act on the future I’m writing.”